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THE SCOTS ATHLETE

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6^D



Last years winner of both Scottish and English Junior C.C. titles will be a strong contender for this year's Scottish Senior title.
Photo by G. S. Barber.

JOHN EMMET FARRELL'S
RUNNING COMMENTARY.

MAGYAR MARVELS.

BILL PIPER.

Dr. ROBIN MURDOCH.

RACE DETAILS.

ALL OUT FOR THE MILE.



MAGYAR MARVELS

Laszlo Tabori (right) has a warm hug and a pat for Hungarian team-mate Sandor Iharos after the latter had broken the world-record for 2 miles at the British Games in London.

During the past year, in phenomenal style, Iharos established 5 new world records (1,500 metres 3m. 40.8s.; 3,000 metres 7m. 55.6s.; 2 miles 8m. 33.4s.; 5,000 metres 13m. 50.8s.; 3 miles 13m. 14.2s.) and shared a 6th as a member of the Honved relay (4 x 1,500 m.) team.

Tabori shares the 1,500 metres record and in beating Chris Chataway and Brian Hewson returned 3m. 59s. for the mile, the fastest of 1955.

THE SCOTS ATHLETE

TO STIMULATE INTEREST IN
SCOTTISH AND WORLD ATHLETICS
"Nothing great was ever achieved without enthusiasm."

EDITED BY - WALTER J. ROSS

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JOHN EMMET
FARRELL'S



THE cross-country season is rapidly reaching its climax with the more important races such as the district championships club championships the National and International following hard on the heels of each other. Previous races may have been important in their own right—yet in some respects they have been merely pointers showing trends and tendencies of form which were capable of being overturned at a later date. But now form is beginning to be crystallised, the sands of time are running out and for the athlete now is the moment of truth.

Next issue I will take an opportunity of assessing chances of individuals and teams in our National cross-country series in the light of recent form and the clarification afforded by the races being decided as this issue goes to print.

So while to borrow a legal term—our cross-country is subjudice, perhaps we can indulge in a brief moment of recapitulation and comment.

Scots show up well at Morpeth. Eddie Kirkup of Rotherham brilliant new marathon contender retained his hold of the Morpeth trophy in good time though not so fast as last year.

Ian Binnie's challenge faded as the race progressed. But the much improved Haslam of Bolton was only some 60 yds. away at the finish, Kirkup finished in 1 hr. 9 mins. 25 secs. Haslam in 1 hr. 9 mins. 35 secs.

Our three leading Scots were Ian Binnie 5th in 1:10.53, Geo. Dickson of Garscube 7th in 1:11.13 and J. McCormick, Springburn 9th in 1:11.29. Definitely not Binnie at his brightest despite his forward position but for Dickson (a strong contender for the Junior Championship) it was perhaps his best-ever performance and something of the same goes for McCormick, Springburn's brilliant new-comer.

Norris Brilliant in heat of Sao Paulo.

Ken Norris first ever British runner to

compete in the colourful "Round the Houses" race on New Year's Eve at Sao Paulo, Brazil scored a brilliant win over Stritof (Yugoslavia) and 300 other competitors in a whirlwind finish. It is somewhat of a fiesta for the Brazilians who throng the streets a million strong and provide a background for the race of fireworks and crackers and noise in general.

Two years ago there were over 2,000 competitors which provided an absurd start. Facetiously it was said that some were in danger of being trampled to death and others were carried part of the course in the great squeeze (and thus strictly did not complete the full course under their own steam).

His adaptability could be advantage.

After winning in the sultry Brazilian heat, Norris triumphed (after heavy travelling) in the totally opposite climatic conditions of a British winter by winning the Middlesex cross-country championship. Recalling how he won the A.A.A. 6 miles in heat-wave conditions in the race where Pirie collapsed and his win in snow and ice in last year's inter-counties championship seems to indicate that he has exceptional powers of adaptability to extremes of heat and cold, a quality that could be a distinct asset should he be selected for the Melbourne Olympics where conditions could be vastly different from what we are accustomed.

But Driver Wins Inter-Counties.

Ken finally caught a Tartar in the Inter-Counties championship in the person of Empire 6 miles champion Peter Driver whom he could not quite hold though finishing a good second. Perhaps Ken's hectic programme finally caught up with him to some extent but Driver is reaching peak form and will take some beating from any runner. It was grand to witness the welcome return to form of little Lancashire miner Fred Norris who finished 3rd in this race. In the doldrums for some time he is now running like the wind.

Nigel Barge Clash Spoils Brilliant Race.

Joe McGhee of Shettleston Harriers and Andy Brown of Motherwell Y.M.C.A. both of whom are running with great gusto these days provided a classic race in the Nigel Barge 4½ miles road race spoiled by an inadvertent clash 300 yds. from the finish at the busy right-angled turn just past Garbraid Avenue. Brown came off worst in this clash and lost precious yds. too near the finish to effect a recovery.

However both McGhee and Brown by returning times off 22.40 and 22.44 both eclipsed Ian Binnie's course of 22.45. And Joe has achieved this on marathon training. Shall we say unobtrusively that there is much food for thought here and leave it at that?

Incidentally it was a nice gesture to see McGhee and Brown out jogging together after the race. How typical of cross-country and underlining Brown's sportsmanship even though he may privately feel that he could have beaten McGhee had not the accident clash taken place.

British Irish Runner Wins Mitcham "15."

Irish Internationalist and possible marathon contender Dennis O'Gorman of St. Albans spredeagled a star-studded field including Clark, Heywood, Cox, Iden and others to win the Mitcham "15" miles road race in 1 hr. 19 mins. 54 secs. only 52 secs. outside Jim Peters brilliant course record.

The pint-sized but stockily-built Irishman set a devastating pace which left a brilliant field struggling unsuccessfully to hold him. But the "Irish Teprechaun" as Sam Ferris picturesquely dubbed him proved too elusive and could not be caught. Will O'Gorman turn out to be yet another brilliant marathon contender?

Geoff. Iden received the special veteran's prize. Veteran or near veteran he may be but I should not like to say positively and definitely that the runner who won this year's Jim Peters award for courage is completely out of the running for Olympic selection.

Eastern District Cross-Country League. Craigmillers Boys' Club, 3rd December.

5 Miles.

1. Edin. Univ. H. & H.—(A. Horne 5; A. Ross 9; J. Crawford 11; N. Allsup 12; J. Paterson 13; A. Ravenscroft 14). 64 pts.

2. Ed. Sth. H.—(A. Ross 2; J. Smart 6; R. McAllister 7; W. Lyall 10; H. Miller 18; A. Logie 21). 64 pts.

3. Braidburn A.C.—(A. B. Parker 1; R. A. Henderson 3; N. Donachie 8, B. Underhill 15; J. Hamilton 19; M. Innis 30). 76 pts.

4. Falkirk Vict. H.—(G. Rankin 16; A. Crawford 17; T. Blackhall 22; D. Shields 56; J. Welsh 37; R. Sinclair 40). 168 pts.

5. Edin. East. H.—(C. Fraser 4; H. Phillip 23; J. Thomson 54; R. Ashton 46; D. Dickson 47). 202 pts.

Edin. Nth. H.—(G. Thomson 20; W. Messer 25; M. Stocks 32; R. Aitken 39; D. Moore 41; G. Veitch 45). 202 pts.

7. H.M.S. Caledonia—(C. R. Watts 27; P. Stagg 31; K. Moore 35; K. J. Moorehead 38; K. Brown 42; G. T. Hunt 44). 217 pts.

8. Edin. H.—(J. Philp 26; D. Fraser 28; J. Goulding 29; G. McIntosh 43, 49; 51). 226 pts.

9. Kirkcaldy Y.M.C.A.—(P. Husband 24; W. E. Duncan 33; 50; 52; 53; 54). 266 pts.

Individual—1, A. B. Parker, 30m. 7s; 2, A. Ross, 30m. 35s; 3, R. Henderson, 30m. 36s.

Falkirk, 14th January.

1. Edin. Univ. H. & H.—(A. S. Jackson 1; A. Horne 2; A. Ross 5; J. Paterson 6; N. Allsup 8; H. Alexander 9). 31 pts.

2. Edin. Sth. H.—(J. Smart 3; W. Robertson 7; A. Ross 10; W. Lyall 14; H. S. Millar 17; H. Robertson 20). 71 pts.

3. Braidburn A.C.—(B. Underhill 4; H. Donachie 11; J. Hamilton 18; K. Hislop 19; W. Innes 29; W. Henderson 31). 112 pts.

4. Falkirk Vict. H.—(G. Rankine 12; D. Shields 13; R. A. Sinclair 15; R. Gordon 22; T. Blackhall 25; I. Paterson 33). 120 pts.

5. Edin. Nth. H.—(G. Thomson 16; R. Aitken 23; M. Stocks 32; W. Heatlie 37; G. Veitch 39; D. Sinclair 42). 108 pts.

6. H.M.S. Caledonia—(I. K. Moore 24; C. R. Watts 28; R. Hambey 36; A. B. Clark 38; C. Drewry 40; G. T. Hunt 41). 207 pts.

7. Edin. Eastern H.—(C. Fraser 2; P. Stewart 29; H. Phillip 30; D. Dickson 43; 44; 46). 211 pts.

8. Edin. H.—(J. Philp 26; D. Fraser 34; J. Goulding 35; 45; 47; 48; 235 pts.

Individual—1, A. S. Jackson, 32m. 13s; 2, A. Horne, 32m. 41s; 3, J. Smart, 33m. 12s.

Final League Positions—

1, Edin. Univ. H. & H., 177 pts; 2, Edin. Sth. H., 219 pts; 3, Braidburn A.C., 290 pts; 4, Falkirk Vict. H., 408 pts; 5, Edin. Eastern H., 560 pts; 6, Edin. Northern H., 614 pts; 7, H.M.S. Caledonia, 649 pts; 8, Edin. H., 654 pts; 9, Kirkcaldy Y.M.C.A. H., 884 pts.

For the photos of the Hungarian athletes which appear on the front and back inside cover pages of this issue we wish to make grateful acknowledgement to the Hungarian News and Information Service, London, who kindly loaned the blocks.

* * *

Our February number will be a pre-'National' issue, containing also full details of the District C.C. championships.

* * *

Recently, the editor has received very kind letters from various subscribers; we have also received donations. The loyalty expressed has been very encouraging and we are anxious at our earliest, to make a more detailed acknowledgement to those friends at home and abroad who have expressed appreciation.

Scotland's Stars of Cross-Country, Track and Field (No. 3)

WILLIAM PIPER (Glasgow Police A.A.)

By JAMES CHRISTIE.

ON a July Saturday afternoon of last year, the High Jump at the A.A.A. Championships was won by Bill Piper of Glasgow Police A.A.

With one stroke Bill had won the the British title and opened the gate as Britain's No. 1 high jump specialist in her forthcoming tournaments with the powerful athletic countries of Europe.

When Alan Paterson left for Canada a great void occurred in the high jump event not only in Scotland but also Great Britain. True there were good sound high jumpers of six feet to six feet 3 ins., but still we had not anyone who could really challenge the best in other countries at jumps of 6 ft. 6 ins. and even higher.

This season Bill Piper was jumping well throughout the first 2 months, until the Scottish Championships, where he failed to even qualify for the final at Meadowbank. However he was sent down to the A.A.A. meet in the official S.A.A.A. party and as already said returned with a jump of 6 ft. 3 ins. to his credit and the "1st Place Medal."

Bill first commenced athletics in 1948, taking part in youth meetings and youth panel sports. His first championship win was in 1949 at the Junior Championship of Scotland, the event in this instance the "Pole Vault," the height 10 ft. 6 ins., while later on in the season he went on to win the Junior A.A.A. Pole Vault with a leap of 11 ft.

After this came his "National Service" in the Royal Air Force, during which time he annexed the R.A.F. Pole Vault title with 11 ft. in 1951. Demobbed in December 1951, Bill commenced the usual training he had done in previous years in wintertime, namely exercises and gymwork, when a gym was available, and jogging.

At the S.A.A.A. Championships in 1952, he competed in both High Jump and Pole Vault. He won the Pole Vault with a leap of 12 ft. setting up a Best Championship Performance, and to complete the double, also took the high jump. Later in the season he took part in the "Triangular Tournament" gaining his first Scottish singlet by competing in both high jump and pole vault for his country.

In the spring of 1953 while on a motorcycle Bill had an accident which completely put any chances of athletic competition right out of the question for that season. However in the winter of 1953 he began to get fit once more with the aim in view of a trip to the European Police Games.

At the "Scottish" that season he once again won the Pole Vault event and at the European Police Games won the long jump. He also competed at the Triangular Tournament for Scotland in the Pole Vault gaining his second singlet. With 1955 came his greatest season to date, he won the Pole Vault at 11 ft. 9 ins. in the Scottish after failing to qualify for the final of the High Jump the previous evening at a height of 5 ft. 8 ins.

His success at the A.A.A. Championships we have already mentioned, but it is the competitions which followed that really convinced the British Team Selectors that here was a definite high jump prospect for Melbourne.

First at the British Police Championships he made a record of 6 ft. 5½ ins. for these Championships. He followed this up with a sound victory against Germany at 6 ft. 4 ins. Against France he lost on more failures at 6 ft. 3 ins.

Shortly after he left with the British team for Russia and Czechoslovakia. At Moscow he finished 3rd at a height of

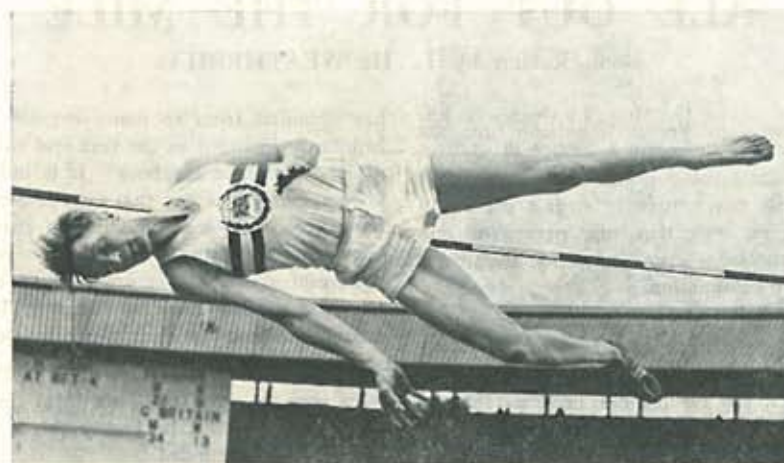


Photo by H. W. Neale.
Bill Piper clearing 6 ft. 4 ins. in the High Jump to win for Great Britain against Germany at the White City, London.

6 ft. 3 ins and at Prague last at a height of 5 ft. 10½ ins.

He finished the season with a jump of 6 ft. 2 ins. at Manchester to take second place to the Czechoslovakian jumper who had been competing at the White City, London earlier in the week, in the London versus Prague match.

To sum up Bill's career to date then, he started as a potentially good field events man he was successful at the pole vault, yet at the same time preferred the high jump. This season started well for him, at the Championships he slipped badly, pulled himself together to win the British Title in a good height, nothing more. His performances since that date have been excellent, even including his 5 ft. 10½ ins. against Czechoslovakia, remember this is his first season in really "Bigtime Athletics," and the business of travelling and competing can be a very arduous one.

In fact many, more accustomed athletes who have been through it all before performed much worse than our "first time in" jumper, plus of course the fact that this season must have been the most

arduous in the post-war period, for both the number and the distance which covered this seasons programme.

Now then, more about the man Piper. He is around the 6 ft. 2 in. mark and weighs around 11 st. 10 lbs. His age is 24 years and he is a Policeman, he has the disposition of the accepted champion, being quietly emphatic with a great deal of determination which he displays in competition. His build is strong yet light which is ideal in a jumper and vaulter.

The High Jump and Pole Vault are not his only events, as he has proved with his "European Police" long jump Championship. He also does a "nifty" hop, step and jump and can manage to chuck a Discus about. While I am sure he could run, also if trained in this.

In fact, should the "palmy" days ever come to Scotland when the S.A.A.A. can waken themselves up sufficiently to put on a "Decathlon" event I am sure that Bill would be a very hot favourite for the title.

Now then to sum up with Bill's prospects for a place in Britain's team and a place at the games next year. First

ALL OUT FOR THE MILE

Book Review by L. H. WEATHERILL.

[All out for the Mile, by George Smith. Published by Forbes Robertson Ltd., 226 Strand, London, W.C.2. Price 15/-.]

THIS is a really grand book, stuffed full of facts but written in such a peculiarly charming way that one never for one moment takes even one stride towards a feeling of satiation.

George Smith, whom I have known pretty well for a long time, has surprised even me by his all-embracing grasp of his subject, the result of a life-long interest in running, particularly mile running, allied to most painstaking research over the last year or two. Though he, of course, never suggests it, one feels that the magnificent co-operation he has received from so many of the great middle-distance runners, and the great authorities on running, of our time is due mainly to George's remarkable gift (for it is a gift) for friendship. The contributions which he

Continued from Page 7.

he should be able to make the team without much trouble. The only thought being that enough winter conditioning is done now to last the very long season it is undoubtedly going to be.

Next the actual games. This will be a trial of strength and jumping power. The climate will be between 70 and 80 deg. and in fact much like a good British summers day, according to weather reports at hand. The competition is too long drawn out for high up in the 6 feet's. I think that a 6 ft. 6 ins or around there should be sufficient to win.

There then lies Bill's chances of success next year, strength to last both a long season and long competition. We hope to see him in the team and we hope to see him win a medal. Of one thing I am sure, if he does only one or neither of these things then it will not be because he has not given, enough thought, enough work, or enough determination, to his event, or that I am sure.

has obtained from so many experts are brilliantly included in the text and round off and complete the book. It is indeed no exaggeration to say that George Smith has succeeded by a combination of charm, knowledge and intuition, in giving a pen-picture of almost all the great milers, and always with the help of the man best qualified to write on each particular hero.

The Schedules of Records and Performances at the end are also most interesting and will be highly valued by the statistically minded.

For myself, I found the earlier part of the book even more fascinating than the later chapters. I was truly amazed to discover, for instance, that Hugh Welsh, twice winner of the A.A.A. Mile Championship, while at school at George Watson's College, ran, in perhaps his first appearance on the athletic scene, in a 100 yards race, for boys under 13, against that fabulous sprinter, A. R. Downer, who, not unnaturally, won.

There is a great tribute to Nurmi by Joe Binks, who is far from being alone in still considering the "Flying Finn" to be the greatest runner of all. I hope, incidentally, that the story of Joe's own aversion to lifts will not escape notice.

George Smith pays due tribute to "Jerry" Cornes, who himself contributes a note on Jack Lovelock. Then there is a grand essay on Wooderson from the expert pen of Jack Oaten.

It was, to me at any rate, a surprise to learn that early in 1939 the young Gunder Haegg had a severe attack of pneumonia and was told by his doctor, "Whatever you do, you can regard your athletic career as finished." We all know how wrong the doctor was!

The great feats of Landy and Bannister in recent years are graphically described and we are given pictures of Tabori and

There is a most intriguing chapter on "Coming Conquerors?" in which George makes it clear that he regards Gordon Pirie as likely to become the greatest all-round runner in the world. After Gordon's recent astonishing performance in the two hours race (when he severely handicapped himself by wearing spiked shoes) it is indeed difficult to disagree with George Smith. But first Pirie must get his achilles tendon right.

On page 181 it is stated that most young athletes in the U.S.A. start with the clubs and then go on through the high schools and colleges. I very much doubt if this is so, as I have always understood that club life is, generally, at a low ebb in America.

There is a contribution by Dr. Durnin of Glasgow university on "Some Physiological Aspects of Record Times in the Mile," in which he expresses the opinion that, because men are gradually becoming taller generation after generation, times will continue to improve. This is also the view of John Paul Jones, the first official holder of the Mile Record, who writes an Introduction to the book. George Smith, however, very wisely concludes by saying that, in his opinion, the emergence of great athletes will always be spasmodic and unpredictable.

But how much further can the present concentrated training be carried without causing the mental and physical breakdown of athletes under the most unrelenting pressure? And can top athletics remain much longer an amateur pastime in these circumstances?



"The ferocity of a tiger in competition."

The career of the loved personality of British track, Sydney C. Wooderson (Blackheath Harriers) is given a deserved and splendid coverage in George Smith's book "All Out for the Mile."

ALL OUT FOR THE MILE

by GEORGE SMITH.

PRICE 15/-

OBTAINABLE FROM "THE SCOTS ATHLETE."

Dr. ROBIN MURDOCH

By JAMES L. LOGAN.

[At the recent A.G.M. of the Scottish Amateur Athletic Association, Dr. Robin Murdoch was elected President. Particularly for an Olympic year he was an appropriate choice and his election a deserved tribute. It marked the rounding-off of a real athletics career,—schoolboy champion, varsity champion, Scottish champion, British champion, track judge, administrator, President. He is the first British Champion to grace the chair of the S.A.A.A.—Editor.]

SPRINTERS often flash across the athletic scene in a brief moment of splendour and then vanish, leaving nothing to us but a half-remembered item in a dusty record book. But to those who are old enough to remember the nineteen-thirties the name Robin Murdoch immediately throws a vivid picture on the mental screen: a stocky, dynamic runner thrusting powerfully for the tape, with determination the dominating feature.

Murdoch was our outstanding sprinter of the thirties, opening his splendid Scottish Championship career as runner-up to the famous Jimmy Crawford in the 100 yards of 1930, and remaining in the forefront until the war blotted out first class sport.

As a schoolboy, Murdoch was little different from scores of other boys who have been moderately favoured by nature. At Hillhead High School, Glasgow, he established records of 10.4 seconds and 23.4 seconds but has only the vaguest recollection of competing once, unsuccessfully, in the under-sixteen class at the Inter-Scholastic Sports, the curious pre-war title of the Scottish Schools Championship.

At Glasgow University, however, he developed rapidly, enthusiastic atmosphere being the chief agent of success. Several students were S.A.A.A. champions and provided challenging standards which Murdoch, with the determination that became his athletic trade-mark, set out to emulate.

Inter-university rivalry was a further stimulus and brought Murdoch into sport-

ing conflict with F. P. Reid, an Edinburgh student who was to become his greatest adversary in national competition. Reid, one of the most beautiful movers ever to grace the Scottish track, was a South African.

In 1931, Murdoch won his first S.A.A.A. title, the furlong, in a rather slow time of 23 2/5th seconds which may have been caused by the gusty conditions. Reid won the 100 and 440, the latter in the astonishing time of 57 2/5th seconds! That, however, is a strange little piece of history which will keep for another day.

Later that year, Murdoch leapt into international reckoning by adding the A.A.A. furlong title to his Scottish honour, a tremendous feat in his second season of first-class competition. In 1932, however, the South African Reid showed that he still retained the edge on Murdoch by beating him into second place in the two S.A.A.A. sprints, in the fast times of 10 seconds and 22 seconds. Nevertheless, the Glasgow student emphasised that he was the top native-born Scot by equalling the Scottish 100 yards record of 10 seconds in the Scotland v. Ireland International at Powderhall.

In 1933, he figured in two remarkably fast races at the Scottish Championships. The sprinters had the advantage of a strong wind and F. P. Reid winged down the shorter course in 9 3/5th seconds, probably the fastest 100 yards ever run in Scotland, while Murdoch, not wholly favoured by the conditions in his "turn" furlong, clocked 21 3/5th seconds in winning the title. We did occasionally see some speed in the backward thirties, too!

In 1934, Murdoch won his first Scottish sprint "double" and also the A.A.A. furlong. The arduous A.A.A. sprint preliminaries of those days compelled Murdoch to make a definite choice of race and he concentrated on the furlong. In



Photo by H. W. Neale.

This photo was taken a few years ago at Hampden Park, Glasgow. How many of our officials can you pick-out? Here's one of a start, Dr. Robin Murdoch, now President of the S.A.A.A. is the 4th from left, (programme in hand). For others see foot of page 12.

the popular opinion, this is apt to rank as the "consolation" sprint but those of keener insight recognise that it makes heavier demands on the runner's character. In the longer race, he has time to think, to triumph or crumple in those last morale-testing sixty yards.

In the years that followed, Murdoch did not go unchallenged on Scottish tracks. The brilliant Invernessian, Ian C. Young, forced himself to the top in a short, spectacular career during which he established a new native record of 9.9 seconds in the S.A.A.A. 100 yards title race of 1935. But most people will agree that Murdoch's long period of sustained success gives him the place of honour in his decade.

There were disappointments in Murdoch's career due to the inconvenient arrival of injury. He missed the Olympics but had compensation in many interesting international events, being a member of British teams against France, Italy, Germany and Finland. At Turku, he

had the immense satisfaction of seeing the great Nurmi—complete with watch—lapping his "home" track.

In 1935, he was a member of a select British-Finnish team which was invited to Australia for the Victoria State Centenary Celebrations.

These international occasions, spread over many years, made him familiar with all the great British athletes of the thirties.

Murdoch's great athletic years ran parallel with the intensive studies and demanding duties of a medical student and young doctor. Training was done three times a week and he worked out his own methods. In the winter, he was a member of the famous Hillhead High School F.P. rugby team of the period and gained several representative honours.

The organisation of most amateur sports is in the hands of those who have themselves participated actively and this is especially true of athletics. Dr. Murdoch, like many old Scottish champions, near-champions and others who competed to

TEN YEARS ALMOST COMPLETE.

ON the publication of our March, 1956 issue "The Scots Athlete" will have completed ten years. It was first published in April, 1946. The first volume was collected and bound, so also was the second volume. It is now our intention when the tenth volume is completed in March, to have the third-tenth (incl.) volumes collected and bound together. This will be a unique record and reference easily consulted. It will go to libraries throughout the world. A limited number will be kept for sale to enthusiasts.

These volumes contain a faithful and complete record of all Scottish, National and District Senior, Junior and Youths C.C. races, Edinburgh-Glasgow road relays and S.A.A.A. championships. There are also Annual Best Performance Lists. Unfortunately the records are incomplete of various annual races, county championships and league contests.

So that references can be complete, we are prepared to devote a page or two pages in both February and March issues to recording any omission which may have arisen since April, 1948.

However without ready reference and with a limit of time the editor needs the assistance of all concerned. Would secretaries and other students of our sport (1) kindly inform us of omissions, and (2) if possible, ferret out the details for publication?

Ten years—almost. This will be a work of which Scottish Athletics can be proud! Help to complete it!

CLYDESDALE HARRIERS

10th Annual Youths Ballot Team Race,

There was a record start of 72 youths. The winner, W. Goodwin was 3 seconds inside the record of 14m. 27s. held by E. Sinclair (Springburn H.).

Details:

1. W. Goodwin (Bella. H.) 14m. 24s.
2. J. Rooney (S'burn H.) 14m. 42s.
3. D. Drye (Shett'n H.) 14m. 59s.
4. J. Hislop (C'dale H.) 15.02; 5. J.

Drever (Br. H.) 15.04; 6. H. Irvine (Ed. E.H.) 15.09; 7. J. W. S. Currie (Bel. H.) 15.14; 8. D. Simpson (Shotts W.) 15.16; 9. D. Lamond (Fal. V.H.) 15.21; 10. G. Leggate (Lark. Y.M.) 15.25; 11. A. Mackay (V. of L.) 15.26; 12. J. Stewart (Gars. H.) 15.27; 13. J. Kerr (Beith H.) 15.27; 14. J. Murphy (Spr. H.) 15.30; 15. J. McDonald (C'dale H.) 15.30; 16. T. Craig (Spr. H.) 15.33; 17. B. Chalmers (Fal. V.H.) 15.36; 18. D. Stirrat (C'dale H.) 15.38; 19. R. Coyle (Spr. H.) 15.40; 20. D. Wilmott (Spr. H.) 15.40; 21. G. Anderson (Kilbar. H.) 15.42; 22. J. A. Spence (Green. G.H.) 15.44; 23. T. Johnstone (Ed. E.H.) 15.47; 24. D. Walker (Br. H.) 15.47; 25. W. Lees (V.P.) 15.54; 26. A. Cairns (Green. W.H.) 15.55; 27. R. Todd (Shotts W.) 16.01; 28. L. Botfield (Shett. H.) 16.02; 29. W. Ewing (Spr. H.) 16.09; 30. J. Patrick (Shett. H.) 16.14; 31. E. M. Elder (Ed. E.H.) 16.15; 32. J. Lowe (East Kil.) 16.16; 33. P. Machin (Glas. Univ.) 16.16; 34. D. Houston (Bab. & Wil.) 16.17; 35. C. Shields (Green. Gl. H.) 16.17; 36. A. Roy (St. Mod.) 16.18.

Continued from previous page.

the best of their abilities, proceeded to put something back into the sport which had given him so much pleasure in his youth. If you can spare a moment from the serious business of competition sometime, look around, ask a few questions and you will find quite a bit of the history of Scottish athletics in those unobtrusive but industrious old boys who are marking, measuring and timing your events!

Other officials are (front kneeling) Jas. Gilbert, Past Pres. and Hon. Sec. S.A.A.A. (in front of Dr. Murdoch) John T. McMillan, Glasgow Transport Club, a well-known sprinter in his day; (first step), (L) Jas. Miller, prominent time-keeper for many years, (R) George Dallas, Past Pres. S.A.A.A. and N.C.C.U. Hon. Sec. N.C.C.U. formerly a cross-country champion and Scottish 1 mile champion; (2nd step), Duncan McSwain, Past Pres. S.A.A.A., Hon. Treas. S.A.A.A. and N.C.C.U.; (top) (L) Alex. Nangle, timekeeper and handicapper, (R) J. Kirkland, Scottish Schools, (ground, back) A. Craig, handicapper, former Scottish C.C. champion; (front, with satchel) Walter S. Lawn, a former Renfrewshire sprint champion.

EDINBURGH-GLASGOW ROAD RELAY. SHETTLESTON WIN IN RECORD TIME.

FIRST STAGE—51 MILES.

Record—
R. B. McIntosh, Greenock G.H., 26m. 5s.
(1936)

	M. S.
1. Bellahouston H., J. Connolly ...	26.24
2. Clydesdale H., G. White ...	26.31
3. Shettleston H., I. Cloudsley ...	26.40
4. Vale of Leven A.C., R. Campbell ...	26.46
5. Springburn H., P. McFarland ...	26.57
6. Paisley H., J. M. Campbell ...	26.58
7. Ed. Un. H. & H. A. H. C. Horne ...	26.59
8. G'nock G'park H., D. McFarlane ...	27.22
9. Braiddburn A.C., R. A. Henderson ...	27.22
10. Maryhill H., W. Black ...	27.23
11. Edin. Southern H., A. Ross ...	27.30
12. G'nock W'park H., W. Stoddart ...	27.37
13. Plebeian H., J. Simpson ...	27.41
14. Garscube H., H. Carson ...	27.55
15. Victoria Park A.A.C., F. McKay ...	27.56
16. Beith H., I. C. Harris ...	28.18
17. Dundee Th. H., C. D. Robertson ...	28.33
18. Irvine Y.M.H., ...	29.09
19. Glas. Un. H. & H. S. McFarlane ...	29.39
20. Falkirk Vict. H., R. A. Sinclair ...	29.42

SECOND STAGE—6 MILES.

Previous Record—
E. Bannon, Shett. H., 30m. 16s. (1954)

	H. M. S.
1. Shett. H., J. McGhee, 29.54	0 56 34
2. V. of Leven, P. Moy, 29.40	0 56 35
3. S'burn, J. McCormick, 30.48	0 57 45
4. Gr. Wel., T. Stevenson, 30.27	0 58 04
5. Vict. P., J. M. Russell, 30.10	0 58 06
6. Bella. H., T. Mercer, 31.46	0 58 10
7. Gars. H., G. A. Dunn, 30.47	0 58 42
8. Paisley H., C. McKay, 31.51	0 58 49
9. Plebeian H., A. Small, 31.16	0 58 57
10. Mary. H., J. McKay, 32.15	0 59 38
11. Edinburgh Univ., J. V. Paterson, ...	32.51 0 59 50
12. C'dale H., P. Younger, 33.20	0 59 51
13. G'nock G.H., R. Cox, 33.10	1 0 32
14. Ed. SH., H. Robertson, 33.26	1 0 56
15. Dundee T., H. Irvine, 32.38	1 1 11
16. Gl. Un., A. Galbraith, 32.46	1 2 25
17. Beith .. J. W. Armstrong, ...	34.23 1 2 41
18. Braiddburn, J. Corbett, 35.51	1 3 13
19. Jr. YM. K. Alexander, 34.37	1 3 46
20. Fal. V. T. Blackhall, 34.21	1 4 03

THIRD STAGE—4 MILES.

Record—
P. McNab, Springburn H., 21m. 56s. (1936)

	H. M. S.
1. Shett. H., G. Govan, 22.24	1 18 58
2. Vict. P., R. Kane, 22.11	1 20 17
3. V. of Leven, R. Steel, 23.59	1 20 34
4. S'burn, J. Ballantyne, 22.58	1 20 43
5. Bella. H., S. McLean, 22.56	1 21 06
6. Garscube H., G. Paris, 23.02	1 21 44
7. Gr. Wel., J. McGregor, 24.44	1 22 48
8. Paisley, D. Ferguson, 24.26	1 23 15
9. Pd. Un. J. Crawford, 23.20	1 23 18
10. M'hill, G. McLintock, 23.44	1 23 22
11. Pleb. H., T. McQuade, 24.25	1 23 22
12. C'dale H., J. Duffy, 23.46	1 23 37
13. Ed. SH. R. McAllister, 23.16	1 24 12
14. Gr. Gl., J. McKenna, 24.48	1 25 20
15. Dundee T., J. Petrie, 25.20	1 26 31
16. Braiddburn A.C., J. M. Hamilton, ...	23.40 1 26 53
17. Beith H., H. Walker, 25.03	1 27 44
18. Fal. V., T. D. Todd, 24.18	1 28 21
19. Ir. Y.M., W. Kenny, 24.46	1 28 32
20. Glasgow University D. Robertshaw, ...	26.11 1 28 36

FOURTH STAGE—51 MILES.

Previous Record—
A. T. Whitecross, Dundee T.H., 30m. 24s.
(1937)

	H. M. S.
1. Shett. H., C. Wallace, 30.18	1 49 16
2. Vict. P., J. McLaren, 30.36	1 50 53
3. S'burn H., J. McGale, 30.57	1 51 40
4. Bella., F. G. Nelson, 30.47	1 51 53
5. Gars. H., G. Dickson, 30.36	1 52 20
6. V. of L., J. Ferguson, 31.53	1 52 27
7. Gr. Wel., G. C. Ring, 31.00	1 53 48
8. Ed. Un., A. K. Ravenscroft, ...	32.02 1 55 20
9. M'hill H., J. Wright, 32.19	1 55 41
10. Paisley H., W. McNeill, 32.27	1 55 42
11. Ed. S.H., W. A. Lyall, 31.49	1 56 01
12. Pleb., P. McDermid, 33.04	1 56 26
13. C'dale H., J. Young, 32.59	1 56 36
14. B'burn, N. Donnachie, 31.10	1 58 03
15. Gr. Gl., M. Thompson, 33.14	1 58 34
16. Fl. V., G. W. Jackson, 31.47	2 0 08
17. Dundee T., D. Miller, 33.51	2 0 25
18. Glas. Un., R. Meikle, 32.40	2 0 16
19. Beith H., K. Phillips, 33.33	2 1 17
20. Ir. Y.M., T. Parker, 31.01	2 2 33

New Record—C. Wallace, Shettleston H.

FIFTH STAGE—51 MILES.

Record—
J. Campbell, Bellahouston H., 27m. 57s.
(1938)

	H. M. S.
1. Shett. H., J. Turnbull, 28.32	2 17 48
2. Vict. P., C. D. Forbes, 28.57	2 19 50
3. S'burn H., J. Gordon, 29.28	2 21 08
4. Bella. H., R. Black, 29.46	2 21 39
5. Garscube H., B. Linn, 29.43	2 22 03
6. V. of L., J. Garvey, 31.02	2 23 29
7. G'nock Wellpark H., D. McConnachie, ...	29.58 2 23 46
8. Ed. Univ., M. Fraser, 30.06	2 25 26
9. Ed. Sth., M. Logie, 29.39	2 25 40
10. C'dale H., J. Wright, 29.39	2 26 15
11. Paisley H., G. Napier, 30.55	2 26 37
12. Plebeian H., A. Muir, 32.05	2 28 31
13. Maryhill, G. Penrice, 33.00	2 28 41
14. Braiddburn A.C., D. B. Underhill, ...	30.39 2 28 42
15. Fal. V., J. Paterson, 30.23	2 30 31
16. Gr. Gl., W. Kesson, 33.07	2 31 41
17. Beith H., S. Maxwell, 31.39	2 32 56
18. Dundee T., E. King, 33.05	2 33 30
19. Ir. Y.M., W. Banks, 31.04	2 33 37
20. Glas. Un., A. Preston, 32.50	2 34 06

SIXTH STAGE—7 MILES.

Record—
I. Binnie, V.P.A.A.C., 32m. 32s. (1954)

	H. M. S.
1. Shett. H., E. Bannon, 33.50	2 51 38
2. Vict. Park., I. Binnie, 33.57	2 53 47
3. S'burn H., T. Tracey, 33.58	2 55 06
4. Bella. H., H. Fenion, 35.18	2 55 57
5. Garscube H., S. Horn, 35.10	2 57 13
6. V. of L., A. McDougall, 34.17	2 57 46
7. Gr. Wel., J. Stevenson, 34.16	2 58 02
8. Edinburgh University A. S. Jackson, ...	34.18 2 59 44
9. C'dale H., C. O'Boyle, 34.43	3 0 58
10. Edin. Sth., J. Foster, 37.36	3 3 16
11. Paisley H., A. Napier, 36.50	3 3 27
12. B'burn, A. B. Parker, 34.54	3 3 36
13. Pleb., T. Rewcastle, 38.06	3 6 37
14. Fal. Vict., R. Gordon, 37.17	3 7 48
15. Maryhill T. Harrison, 39.31	3 8 12
16. Gr. Glen., J. Grant, 37.23	3 9 04
17. Ir. Y.M., S. Cuthbert, 36.39	3 10 16
18. Gl. Un., P. Ballance, 36.23	3 10 29
19. Beith H., D. Thomson, 38.44	3 11 40
20. Dundee T., J. Miller, 38.16	3 11 46

MIHALY IGLOI:

BEHIND THE NEW RECORDS

AFTER the Helsinki world record over 1,500 metres, the Warsaw world Youth Festival, and the Britain v. Hungary athletic match at White City, London, the names of Iharos, Tábori, and Rózsavölgyi broke into the limelight of world sport news. The world and European record brought home by the 'six-legged running machine' was the making of trainer Mihály Igloi.

SEVENTH STAGE—5½ MILES.

Record—

D. Henson, V.P.A.A.C., 28m. 58s. (1954)

	H. M. S.
1. Shett. H., G. Everett, 29.31	3 21 09
2. Viet. Park., N. Ellis, 29.18	3 23 05
3. S'burn H., A. Fulton, 30.01	3 25 07
4. Bella. H., J. Irvine, 30.09	3 27 06
5. Garscube H., A. Kidd, 30.23	3 27 36
6. V. of L., W. Gallacher, 30.05	3 27 51
7. Gr. Wel., J. Cairns, 30.19	3 28 21
8. Ed. Un., T. N. Allsup, 30.08	3 29 52
9. Clydesdale, J. Hume, 31.09	3 32 07
10. Ed. Sth., I. Gourley, 30.42	3 33 58
11. Paisley H., J. Pearson, 31.10	3 34 37
12. Plebeian, J. McCann, 32.42	3 39 19
13. M'hill, J. E. Farrell, 31.09	3 39 21
14. Fal. Vic., D. Shields, 31.59	3 39 47
15. Braidburn, I. Drever, 37.30	3 41 06
16. Gr. Glen., D. Farren, 32.25	3 41 29
17. Ir. Y.M., J. Leask, 32.16	3 42 32
18. Gl. Un., T. Robertson, 33.29	3 43 53
19. Dundee T., R. Oram, 33.02	3 44 48
20. Beith H., A. Hayes, 33.54	3 45 34

EIGHTH STAGE—5 MILES.

Record—

A. Austin, Bellahouston H., 24m. 23s. (1938)

Previous Course Record—

Viet. Park A.A.C. 3h. 46m. 43s. (1954)

	H. M. S.
1. Shettleston Harriers, R. Wotherspoon, 25.04	3 46 13
Previous Best—3h. 47m. 17s. (1954)	
2. Vic. P., J. D. Stirling, 24.53	3 47 58
3. Spr. H., P. Buchanan, 26.25	3 51 32
Previous Best—3h. 55m. 25s. (1954)	
4. Bella. R. Stoddart, 25.26	3 52 33
5. V. of L., H. Garvey, 25.46	3 53 37
Previous Best—4h. 2m. 7s. (1954)	
6. Gars. H., D. Paton, 26.10	3 53 46
7. Gr. Wel., C. Aitken, 25.41	3 54 02
First Entry	
8. Ed. Un., A. C. Ross, 25.42	3 55 34
Previous Best—3h. 55m. 40s. (1954)	
9. Clydesdale, R. Clark, 26.16	3 58 23
Previous Best—4h. 4m. 20s. (1954)	
10. Edin. Sth., J. Smart, 25.38	3 59 36
11. Paisley H., J. Sellar, 26.57	4 1 34
Previous Best—4h. 1m. 48s. (1952)	
12. Fal. Vic., D. Clelland, 25.32	4 5 19
13. Pleb. H., J. McGregor, 26.41	4 6 00
14. Maryhill H., T. Ruth, 27.33	4 6 54
15. B'burn, J. K. Hislop, 25.54	4 7 00
Previous Best—4h. 7m. 7s. (1954)	
16. Gr. Gl., D. Kennedy, 25.53	4 7 22
17. Ir. Y.M., S. Kennedy, 27.07	4 9 39
18. Gl. Un., B. McNamara, 28.42	4 12 40
19. Dundee T., P. Taylor, 27.55	4 12 43
20. Beith, G. Lightbody, 35.17	4 20 51

Or was it? The coach's and the athlete's share of the responsibility is a moot question. Anyhow, what most people are interested to know is the "secret" of such spectacular successes as those of the now famous trio.

The secret? Mr. Igloi—a short, gaunt man with thinning, blond hair and blue eyes—smiles. His answer gives him away as a teacher "in Civvy Street." He quotes from an old Hungarian poem:

"Do the right thing and do it well—
Therein lies the great secret."

It sounds like a riddle, but you can find out the kernel of truth in it: draw up the right training schedule and execute it well. The first part is the responsibility of the coach; the second, the athlete's.

Igloi explains in greater detail.

"I was very much impressed, when I used to compete on the track, by the training system of the world-famous Finnish long-distance runners. I jotted down in my notebook enormous distances these runners used to make daily and no one in Hungary would believe it was possible to train like that. But I believed in a much tougher and much more systematic training method than was usual in Hungary, and that principle I've applied to Iharos, Tábori and Rózsavölgyi—to each according to his individual capacity."

"Of course, they didn't achieve international class overnight but after years of dogged training, steadily increasing the amount and speed. Their success was no surprise to me—talent, hard work and an excellent spirit of comradeship that binds them together is bound to tell."

Which of them will produce the biggest achievement?

"Why, all of them and always," he says. "It'd be a nice job if they wouldn't always put every ounce of strength into it."

And don't they...! They portion it out nicely among themselves: Rózsavölgyi trains for the 800m. and Tábori and Iharos for the 1500m. and 5000m. Melbourne will decide how efficiently.

From "Hungarian Review," Budapest, September, 1955.



The Budapest Honved team which set up a new world record for the 4 x 1,500 metres relay on September 29, with a time of 15 min. 14.8 seconds—an improvement of 6.3 seconds on their previous record made in July 1954. (L. to R.) Sandor Iharos (3 min. 47.8 sec.), Laszlo Tabori (3 min. 46.6 sec.), Mihaly Igloi (coach), Istvan Rozsavolgyi (3 min. 48.4 sec.) and Mikes (3 min. 52 sec.).

THE ATHLETE

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